

WHAT IS A PCP? PRIMARY CARE PHYSICIAN



Get to know your PCP!

It is important to form a continuing, trusting relationship with a primary healthcare provider and maintain routine visits appropriate to your condition and overall healthcare needs.

Your primary care physician's office is the best place for things like:

- **Routine care, such as:** annual physicals, prescription refills, immunizations
- **Common illnesses, such as:** colds, flu, ear pain, sore throat, asthma, headaches, fever, rashes and/or behavioral concerns
- **Chronic conditions, such as:** diabetes, high blood pressure, thyroid problems and/or high cholesterol.
- **Minor injuries, such as:** sprains, back pain, cuts and burns, broken bones and/or eye injuries
- Getting information about preventive care that may help you and your family take charge of your health and save money.

Make sure to choose a primary care physician today.

What is a PCP?

A PCP is a primary care physician or the main doctor responsible for dealing with the majority of your healthcare issues.

Why go to a PCP?

- Regularly visiting a PCP is beneficial for adult health and wellness to coordinate patient care all in one place.
- By developing a relationship with a PCP, you make it easier for your doctor to detect patterns in your health and recommend lifestyle changes to prevent future complications requiring expensive specialty care.

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HEALTH SYSTEM

